

Georgia College & State University
School of Health Sciences
Music Therapy

Letter of Intent

Institution: Georgia College & State University (GC&SU) **Date:** February 13, 2006

School/Division: School of Health Sciences **Department:** Music Therapy

Name of Proposed Program: Minor in Movement Arts Therapy

Degree: N/A Minor in Movement Arts Therapy **CIP Code:** 51230501

Starting Date: Fall 2008

Institutional Mission

1. Does the program further the mission of your institution? Yes. Movement Arts Therapy directly follows the principles of Georgia College & State University's liberal arts mission. It requires an interdisciplinary understanding of the scientific, artistic, and developmental principles of movement. The curriculum encompasses the parallels that physical movement have in common with Art, Music, Literature, and other movement forms created by man.

The proposed program will contain a large community service component. Students will work with diverse underserved populations in middle Georgia providing dance/movement opportunities. The community has demonstrated interest in the Creative Arts Therapies through on-going participation and support of the music therapy program at GC&SU.

The program will follow the mentor-apprentice approach for faculty/student interactions both in the classroom and beyond in clinical settings. The mentor-apprentice approach is based on the model that learning is best achieved when technical, professional, and clinical skills are demonstrated by the faculty in simulated and in actual clinical settings. The faculty will demonstrate best practices skills through in-class interactions and through working directly with clients in the community while the students observe, participate, co-lead, and eventually lead sessions. This will directly be associated with the Music Therapy Clinic already in place on the GC&SU campus. Immediate feedback and direct supervision will provide the guidance students require to achieve successful learning experiences. The Music Therapy undergraduate and graduate programs presently use this model successfully.

The program consists of 18 semester credit hours. These will be collaboration between departments and schools (Letters of Support attached). Departmentally, the program crosses Music Therapy and the Department of Kinesiology. Two required courses (5 hours) will be offered through the Department of Kinesiology and one required course (3 hours) will be taught by Music Therapy faculty. School

collaboration is proposed between School of Health Sciences and School of Liberal Arts and Sciences. One required course (1 hour) will be offered through Dance and three hours of elective choices will be offered through Dance . The remaining 6 hours of the program will be taught by the Movement Arts Therapy faculty. (Description of Courses attached). These collaborations reflect interdisciplinary components of the GC&SU mission.

The Movement Arts Therapy faculty will be directly supervised by the Coordinator of Music Therapy. Direct collaboration will be evident across Departmental lines(Coordinator of Music Therapy; Chair, Department of Kinesiology; Chair, Department of Music & Theatre) and between the Movement Arts Therapy faculty, School of Health Sciences, and the Coordinator of Dance, School of Liberal Arts & Sciences (Organizational Chart attached).

2. Will the proposed program require a significant alteration of the institutional mission? No

3. Will the program require the addition of a new organizational unit to the institution (e.g. college, school, division or department)?

Departmental collaboration will be achieved with the implementation of the Movement Arts Therapy Advisory Committee consisting of the Coordinator of Music Therapy, Chair, Department of Kinesiology, and Chair, Department of Music & Theatre. This will replicate the successful administrative collaboration in place for 10 years between Music Therapy and Music & Theatre for music and music therapy programs. Issues, future plans, scheduling, and student needs will be discussed and implemented collaboratively. The advisory committee will be chaired by the Coordinator of Music Therapy.

Future plans are to propose a new department “Creative Arts Therapy”. This department will encompass Music Therapy and Movement Arts Therapy.

4. Is it likely that a SACS visit for substantive change will be necessary? No

5. How does the proposed program help meet the priorities/goals of your strategic plan? Drastic changes in health care have characterized the end of the 20th century and the beginning of the new millennium. Managed care, deinstitutionalization, re-inventing and re-engineering in both the private and public sectors, and an overall economic decline have resulted in reductions of staff, reductions in capital resources, and a shift from specialists to generalists.

Employers are searching for professionals who have a knowledge base that encompasses more than their area of expertise and a broader view of health care delivery. Institutions, schools, and agencies which employ arts therapists, music educators, physical therapists, nurses, general and special educators, psychologists, and social workers are no exception. A skill set including interdisciplinary collaboration is highly sought by current health care agencies.

Students preparing to enter health care professions require additional preparation to increase marketability and success as professionals. They must possess knowledge and skills which will broaden the scope of services they are capable of delivering.

- 6. Will this proposal require an addition or change in your institutional strategic plan?** No
- 7. Will the program require an increase in state appropriation within the next five years?** Yes. 1 Part-time summer faculty position in School of Health Sciences to teach the core Movement Arts Therapy courses, and a modest increase in School of Health Sciences library holdings.

The core Movement Arts Therapy courses must be taught by a qualified Dance Therapist. Qualifications include completion of an American Dance Therapy Association recognized program, certification and registration granted, and experience in the field. There are 5 recognized programs in the United States. There is one Registered/Certified Dance Therapist on the faculty of GC&SU. There are other qualified dance therapists in the southeast.

- 8. If this is a baccalaureate program, will you be asking for an exception to the 120 hour expectation or to the core curriculum?** NA
- 9. Are there program delivery formats that will be new or different for your institution?** Two or more core movement arts therapy courses and elective courses will be offered during summer sessions. Courses will be pedagogy-based in dance areas to learn dance technique, experiential with hands-on experiences with clients from middle Georgia to learn movement arts therapy techniques, and interactive in the classroom with role-playing, situational problem-solving, and discussions of current health-related issues. On-line components will augment the courses.

Need

Provide brief justification for why the state needs graduates from this program and for why the University System needs this program. Give a brief justification for why your institution should offer the program.

The rationale for the need for a minor in Movement Arts Therapy is based on the following principles:

1. Health care needs are changing and health sciences education must change to meet current needs for alternative approaches to health and well-being.
2. Movement is inherent in the multi dimensionality of being human. It crosses academic and artistic boundaries.
3. Movement exists in many forms, from the physical actions of living bodies to the more subtle movements which abide in, and are interpreted through, music, art, and literature.

4. Movement is an integral component in the therapeutic and educational process for children and adults.
5. Movement Arts Therapy is congruent with the liberal arts mission of GC&SU

Education in the Creative Arts Therapies is an excellent avenue to meet changing health care needs. The Creative Arts Therapies traditionally include Music Therapy, Dance/Movement Therapy, Visual Arts Therapy, and Drama Therapy. The vision of a Creative Arts Therapy department at GC&SU is to first implement an undergraduate minor in Movement Arts Therapy in addition to the current undergraduate and graduate Music Therapy majors and undergraduate Music Therapy minor.

GC&SU has a well established Minor in Dance Program in place (See *Degree Requirements for Dance* in the GC&SU Undergraduate Catalog). The proposed Minor in Movement Arts Therapy program will use the courses established in the dance minor as the foundation for the new program adding the necessary courses in Movement Arts Therapy. GC&SU will be the only college or university in the southeast to offer any undergraduate training in dance/movement therapy.

GC&SU has a well established Department of Kinesiology. The proposed Minor in Movement Arts Therapy will utilize the expertise of current faculty in the Department of Kinesiology to augment the program without placing a strain on current teaching loads. Part-time adjunct faculty will be requested through Music Therapy as needed to teach 6 hours of the core Movement Arts Therapy courses offered in the summer.

Provide a brief description of whether and why students will enroll in the program. What kinds of data do you intend to use to show student demand for the program?

The Minor in Dance/Movement Therapy will be an asset for many students at Georgia College & State University. Students graduating in Music Therapy will be significantly more marketable with experience in movement arts therapy. Students in education majors, including music education, will gain valuable experience for inclusionary classrooms and in special education settings. Students pursuing Psychology will also be attracted to using dance/movement in therapeutic settings. In addition, students in other healthcare related majors may be interested in the integration components of Movement Arts Therapy.

A student interest questionnaire will be distributed to music education majors, music therapy majors, psychology majors, and education majors to collect data to substantiate demand. Letters of support from alumni and the community will be included. Data will be analyzed in the full proposal.

Students

Estimate the number of students who will graduate annually from the program in the steady state. What percentage will likely be from other existing programs? Which programs will the students come from? It is estimated that 10 students per

year will graduate with the minor in Movement Arts Therapy. Since this is a minor, 100% will be in majors from programs including but not limited to, Music Therapy, Music Education, Nursing, Psychology, Education, and Special Education.

Budget

1. **Estimate the steady-state cost of the program (in current dollars) and indicate the percentage from reallocation, student fees, grants, and outside dollars.** The estimated cost for the program will be approximately \$500.00 per year for library acquisitions, \$500.00 per year for equipment and replacement of supplies, and \$10,200 per year for 1 part-time faculty in the School of Health Sciences. This is based on \$1700.00 per credit hour for a total of 6 semester credit hours.
2. **Estimate start-up costs for the program and indicate possible fund sources.** The initial cost is a one time request of approximately \$2000.00 for equipment and supplies. Specific Movement Arts Therapy equipment includes adaptive/assistive devices, props, rhythm instruments, sound system, and CDs. Other funding sources for additional equipment and supplies may include public and private grants and donor gifts with consultation from the GC&SU Administrative Assistant for Special Projects and the Georgia College Foundation.

Facilities

No additional facilities will be needed in the near future. Existing space will be provided by the Department of Music and Theatre. Space has been allocated in the proposed renovations of the Health Sciences Building.

If there are similar programs in your service area, how will the proposed program affect them? There are no similar programs in our service area.

Do you plan a collaborative arrangement with another institution or entity? Yes. American Dance Therapy Association. The minor in Movement Arts Therapy will be an innovative approach for the profession of Dance Therapy. Currently, programs are only offered at the graduate level. This collaborative arrangement will be detailed in the full proposal.

Submitted by:

Chesley S. Mercado, Ed.D., MT-BC

Coordinator: Music Therapy

School of Health Sciences

Georgia College & State University

Memorandum

TO: School of Health Sciences Undergraduate Committee
FROM: Chesley Mercado
RE: Letter of Intent for new program: Revisions
DATE: February 13, 2006

I am submitting for your review the revised Letter of Intent for a new program. Clarification was requested regarding collaborations between departments and schools. The Minor in Movement Arts Therapy will be part of Music Therapy. The tentative date for implementation is Fall 2008.

Please contact me if you have questions or require more information.

Thank you.

Minor in Movement Arts Therapy

18 semester hours

Course Descriptions

Required Courses: (14 hours)

MOVT 2100: Introduction to Creative Arts Therapies: (3) *New Course: May be taught by a board certified music therapist.*

This class is an introduction to the interdisciplinary components of the Creative Arts Therapies. An overview of theoretical and practical applications of Dance Therapy and Music Therapy, and integration with other creative arts for a variety of populations will be presented.

MOVT 3000 : Movement and Dance for Therapists: (3) *New Course: Summer.* This class will focus on learning the skills necessary to facilitate goal-based movement activities in the therapy session: Theory and practice

MOVT 2200: Survey of DMT: (3) *New Course: Summer.* This theoretical class examines Movement Arts Therapy from a historical perspective and through contemporary issues. Pertinent literature will be analyzed for theoretical and clinical significance.

HEAT 3100: Structural Kinesiology (3) *Exists.* An investigation of the full significance of human structure and its relationship to the complex functions that normally occur during activity.

HLTH 490-B: Internship (2) *Exists:* An individually designed and planned learning experience and study in the private sector. Activity must be approved by the health education coordinator and department chairperson.

DANC 1500: Dance Improvisation (1) *Exists:* Discussion and practice of dance improvisations as a tool of learning technique and choreography, and in the creative process. Various avenues of improvisation will be explored, as will the result of that improvisation upon the student's developing philosophy of dance

Choose 3 semester hours from the following:

DANC 1150: Modern Dance I (1) *Exists:* Discussion and practice of movements in modern dance. Several major schools of modern technique will be explored, as will improvisation.

DANC 2150: Modern Dance II (1) *Exists*: Prerequisite: DANCE 1150 with a grade of A or B. Further discussion and practice of movements in modern dance. More in-depth study of concepts of modern technique.

DANCE 3150: Modern Dance Workshop (1) *Exists*: Prerequisite: DANCE 2150 or permission of the instructor. The technical basic of modern dance technique will be used as building blocks for increasingly challenging movement articulations and phrase-work. Full physicality and efficient use of the body will be stressed.

DANCE 1400: Jazz Dance (1) *Exists*: Discussion and practice of movements in jazz dance. Introduction to jazz dance through the study of fundamental steps, terminology and specific motor skills such as isolations.

DANCE 1100: Ballet 1 (1) *Exists*: Discussion and practice of movements in ballet. Introduction to ballet through basic barre and centre work. Fundamental French terminology and how it applies to movement will be studied.

January 24, 2006

MEMORANDUM

To: Dr. Chesley Mercado, Associate Professor & Director
Music Therapy

FR: Dr. Richard Mercier, Associate Professor & Music Chair
Department of Music & Theatre

Re: Minor in Movement Arts Therapy

I am writing to support the proposal for a Minor in Movement Arts Therapy. I believe this program would be an ideal compliment to the B.A. in Music Therapy and provide GC&SU students with valuable skills for future success in the field of therapy.

The courses from our department that would be impacted with this implementation are courses in modern dance, jazz and ballet. Since only three semester hours are required over the entire program there is great flexibility built into the program to accommodate class size limitations which could become an issue if this degree attracted a large enrolment. I am also supportive of the participation of current dance faculty in this program. Since required courses for this degree are already being taught there would be no need for extra personnel and no need for the addition of new courses in the department. Therefore the impact on the Department of Music & Theatre should be minimal.